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**EPISODE**

**#225**



**BREAKTHROUGHS  
IN REGENERATIVE  
MEDICINE AND THE  
FUTURE OF HEALING**

WITH DR. ANTHONY GALEA AND DR. ADEEL KHAN



**50 MIN**

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## Breakthroughs in Regenerative Medicine and the Future of Healing with Dr. Anthony Galea and Dr. Adeel Khan

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What is the future of longevity and healing, and how can we expand the capability of our body's internal intelligence? We often hear about anti-aging technology but rarely do we get the opportunity to learn more about the groundbreaking advancements happening in regenerative medicine.

Dr. Anthony Galea is a Medical Doctor, and the Medical Director and Founder of the Institute of Human Mechanics. He has been practicing Sports Medicine since 1988, and treating numerous high-profile athletes in his clinic. Dr. Galea is a pioneer in the development of Platelet-Rich Plasma (PRP) therapy to treat a variety of injuries. [Learn more about Dr. Anthony Galea.](#)

Dr. Adeel Khan is an expert in musculoskeletal medicine, pain medicine, and regenerative medicine. He specializes in Interventional Orthopedics, using orthobiologics with x-ray and/or ultrasound guidance to treat patients. [Learn more about Dr. Adeel Khan.](#)

### You'll learn:

- How CytoRich-PRP and stem cell treatments work for rapid, lasting healing.
- The big issues with traditional back pain treatment.
- Where all chronic disease originates.
- The ONE thing that most effectively counters aging.
- How you can immediately utilize energy healing.

### Listening Guide:

- 04:30 Ben's history and treatment of his torn triceps.
- 10:45 What is Cyto-Rich PRP?
- 19:50 From catabolic to anabolic.
- 28:45 What is a harmful stem cell treatment?
- 35:45 The pathways of longevity.
- 45:20 Peptides and healing.
- 53:20 Pushing the boundaries of regenerative medicine.

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